

COURSE OUTLINE

1. GENERAL

SCHOOL	SOCIAL SCIENCES		
DEPARTMENT	PSYCHOLOGY		
LEVEL	<i>Undergraduate</i>		
COURSE CODE	PSY-1103	SEMESTER	2 nd
COURSE TITLE	THEORIES OF PERSONALITY		
TEACHING ACTIVITIES	WEEKLY HOURS	ECTS	
Lectures, demonstration of videos	3	5	
COURSE TYPE	Special Background (Compulsory)		
PREREQUISITES COURSES:	None		
INSTRUCTION/EXAM LANGUAGE:	Greek		
OFFERED TO ERASMUS STUDENTS	YES (independent study of english literature and term paper)		
COURSE WEB PAGE (URL)	https://elearn.uoc.gr/course/view.php?id=1592		

2. LEARNING OUTCOMES

Learning Outcomes
<p><i>This course is an introduction to the field of personality psychology. Several perspectives on personality will be introduced and critical evaluation of these perspectives will be encouraged. Specifically, emphasis is given to psychoanalytic, humanistic and existential theories, behavioural and learning approaches, and trait personality theories. Additionally, several issues regarding the contributions of heredity and environment to personality development will be explored.</i></p> <p>On completion of the course, students are expected to:</p> <ul style="list-style-type: none"> • be able to define personality, • identify the constructs of major personality theories and describe how they may be applied to understand behavior, • critically evaluate and compare different theories in personality, • understand and appreciate the limitations of each approach, • combine theory and practice, describe and identify the basic research and evaluation methods used in the study of personality, including the strengths and weaknesses of each method.
General Competences
<ul style="list-style-type: none"> • Search, analysis and synthesis of data and information, with the use of the necessary technology

- Respect for difference and multiculturalism
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking

3. COURSE CONTENT

- Personality theories: An introduction
- The scientific study of personality: A critical approach
- Trait theories of personality I: Allport, Eysenck, and Cattell
- Trait theories of personality II: The five-factor model
- Psychodynamic personality theories I: Freud's psychoanalytic theory of personality
- Psychodynamic personality theories II: Adler, Jung, Horney, Sullivan
- Phenomenological Theory: Carl Rogers's person-centered theory of personality and related approaches (Kurt Goldstein, Abraham Maslow, Existentialism)
- Behaviorism and the learning approaches to personality
- Cognitive theory: George a Kelly's personal construct theory of personality
- Social-cognitive theory: Bandura and Mischel
- Biological foundations of personality
- Personality in context: Interpersonal relations, culture, and development across the course of life
- Conclusion, evaluation, comparison and criticism of personality theories

4. INSTRUCTIONAL AND LEARNING METHODS - EVALUATION

INSTRUCTION METHOD	In class		
INFORMATION AND COMMUNICATION TECHNOLOGIES USED	Use of ICT in teaching Support for learning through the E-learn online platform		
TEACHING ORGANIZATION	<i>Activity</i>	<i>Semester Work load</i>	<i>ECTS credits</i>
	Lectures	39	1,56
	Study for mid-term examination and examination	30	1,20
	Independent study for final examination	52	2,08
	Final examination	2	0,08
	Course Total	123	5
STUDENT EVALUATION	<p>Evaluation is in Greek and in English for Erasmus students.</p> <p>I. Final Examination (70% of the final grade) includes:</p> <ul style="list-style-type: none"> - multiple-choice questions 		

	<p>- open-ended questions</p> <p>II. Mid-term examination (30% of the final grade)</p> <p>Evaluation criteria are accessible to students via the web-site of course on the UoC e-learn platform.</p>
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5. BIBLIOGRAPHY

- Cervone, D., & Pervin, L. A. (2013). *Personality theories: Research and applications* (Ed. A. Brouzos). Athens: Gutenberg.
- Chamorro – Premuzic, T. (2013). *Personality and individual differences* (Ed. E. Bezevegkis). Athens: Gutenberg.
- Pervin, A. L., & John, O. P. (2001). *Personality Theories: Research and applications*. Athens: Typothito.
- Potamianos, G., & Anagnostopoulos, F. (2012). *Personality: Theory, applications and research*. Athens: Papazisi.
- Selected articles from scientific journals: European Journal of Personality, Journal of Research in Personality, Journal of Personality, Journal of Personality Assessment, Personality and Individual Differences, etc.